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2131 O Street NW
Washington, DC
20037

Postage Information

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UP COMING EVENTS
ALL FLOORS:
TRIVIA,
ROOM VISITS,
MUSIC TUNES,
CREATIVE CROSSWORD &
ARTS,
CONVERSATIONS,
NAIL CARE,
SING-A-LONG,
BIBLE SCRIPTURE ON
SUNDAY'S

April Monthly Birthday

BERESFORD, GREGORY
BERTOLA, FELLA
CARROLL, LUCY
EASY, ERMA
GRUBB, WILLIAM
KINZER, GERALDINE
LAINE, CONSTANCE
LUCAS, MYRTLE
PARKER, JAMES
ROSS, BETTY
TYLER III, JOHNNIE
WADE, JOSEPH



April 1

Day

April Fools

& National Walk Day

Party Day April 5

National

Pizza

April 8

April 10

April 12

Easter

April 26

National

April 29

Pretzel Day

International

Deep Dish

April 7 World

Health Day

Passover

Good Friday

April 3 World

Inspire News

2131 O Street NW Washington, DC 20037

April 2020

April Poem

THE VOICE

There is a voice inside of you
That whispers all day long,
"I feel that this is right for me,
I know that this is wrong."
No teacher, preacher, parent, friend
Or wise man can decide
What's right for you—just listen to
The voice that speaks inside.



Inspire Executives

Director of Nursing
Ben Akanni

Social Workers
Lois Fitzgerald

Sarah Radonic

Rehab Director Harsha Dhingra

Business Office
Judy Oxley
Nikki Smith

Admissions
Ashley Hyman
Kendra Cooper

Human Resources
Jennifer Adedeji
Jennifer Kellman

Quality Assurance Linda Harris

Dietary Services
Dorothy Emeche
Helen Akunwafor
Dwane Walters
Director of Activities

Gale Cooke

Director of Environmental Services

Valencia Nelson

Director of Maintenance Yisroel Waxman

Resident Spotlight...

Ms. Mae Latimer: Loving In All Her Ways



Ms. Mae is the resident spotlight because of her loving and caring personality. Her loving character stems mostly from the fact that she puts a smile on the faces of her peers and staff here at Inspire. She will converse with staff and will ask, "How are you feeling." She wants to make sure that everything is all right.

Ms. Mae Latimer has a group of ladies that she communicates with and offers what she has to them. Ms. Latimer is very active in activities and has a certain spot where she likes to sit in the main dining room.

As a very sweet and kind person that she is; this is why Ms. Mae Latimer was chosen as the resident spotlight.

A Message from the Administrator:

It's over a month since we have been dealing with the coronavirus. I could not be more proud of our residents. You have taken every change and challenge without complaints and have done what you know needs to be done to keep safe. Thank you so much!

The world and indeed our nation continue to experience unprecedented challenges regarding novel coronavirus (COVID-19). As a firm believer that everyone deserves to live in a place that honors their independence, affirms their dignity and respect their choices. I am saddened by the fact that the virus has prevented you from going outside the facility and restricted your love ones from visiting. I am appreciative of your sacrifices and commitment to our mission of ensuring an infection free facility.

I am confident that we will get through this coronavirus pandemic. We are bound to succeed because our desire for success is greater than our fear of failure. In this moment of crisis, there is no better time to show love and compassion. In the words of Dr. Martin Luther King, Jr, "Hate cannot drive out hate; only love can do that". The virus may knock us down, but it cannot knock us out.

It is impossible to travel the road of greatness without experiencing occasional bumps on the way. Life is not always perfect or fashioned exactly to our tasteful desires. Sometimes, the battles of life come like a flood and we should never quit. Let's cry if we have too, loose sleep if we have too, but we should be comforted that there is always light at the end of the tunnel.

It is imperative you continue to avoid close contact with those who are sick, avoid all large gatherings greater than 10 people, maintain a social distance of at least 6 feet at all times, wash your hands often with soap and water for at least 20 seconds. If soap and water is not available, use alcohol-based hand sanitizers, avoid touching your face, cover your cough or sneeze with a tissue, then throw the tissue in a covered trash receptacle, clean and disinfect frequently touched objects and surfaces.

Have a blessed and safe April- Bolaji



Notable Quotes

Courage is the power Of the mind To overcome Fear

Martin Luther King