

2131 O Street NW  
Washington, DC  
20037

Postage  
Information



# Inspire News

2131 O Street NW Washington, DC 20037

December 2019

Your Return Address  
Street Number and Name  
City, State ZIP Code



December 4  
National  
Cookie Day

## 2019....Highlights

December 8  
National  
Brownie Day

January  
February  
March  
April

18 MLK Celebration  
31 Celebrating Life Service  
15 Sweet Heart Day, 19 President Day Celebration  
15 Saint Patrick Day  
09 Disco 70's Party, Good Friday Service

December 13  
National Ice  
Cream Day

April  
May

24 AARP luncheons  
22 Easter Celebration/Egg Hunt  
29 Celebrating Life Service  
National Nursing Home Week

December 15  
National  
Cupcake Day

May  
June

13 Mimosa/Relaxation  
14 Buck Coffee/Inspire Social  
15 Yoga class/Ice Cream  
16 Karaoke parts 1 and 2  
17 Cookout

December 20  
National Ugly  
Sweater Day

June  
July

14 Father's Day Celebration  
21 Summer Tiki Luau  
08 Independence Day Celebration

December 21  
National  
Crossword  
Puzzle Day

August  
September  
October

19 Ice Cream Social  
13 Celebrating of Life Service  
03 End of Summer Cookout  
19 Country Breakfast  
15 October Fest

December 25  
Christmas  
Day

November  
December

31 Halloween Costume Parade  
11 Celebrating of Life  
12 Veteran's Day Celebration  
21 Candlelight Dinner

### Up Coming Events:

- December 9 2:30pm New Born Church Gift Giveaway MD
- December 18 2:30pm Monthly Birthday Celebration MD
- December 20 2:30pm Holiday Celebration Christmas MD
- December 22 2:00pm Bingo with Catholic Mass MD
- December 25 Christmas Celebration with Catholic Mass MD
- December 26 2:30pm Resident Council Meeting MD
- December 28 11am New Born Church Bible Study MD
- December 31 2:30pm New Year's Eve Celebration MD

### December Monthly Birthday

- BLAIR, INEZ
- DERAMUS, DORIS
- DOLSEY, DAISY
- GARCIA TURCIOS, CARL
- GRIJALVA, DORA
- JACKSON, REGINALD
- JOHNSON, DEBRA
- LYLES, ETHEL
- MITCHELL, IVERSON
- MUSGROVE, DOUGLAS
- PINKETT, STEPHEN
- PITTS, CHARLIE
- RICH, NELLIE
- STEGEMAN, CYNTHIA
- ULMER, CHRISTINE
- WARREN, LOIS
- WATSON, DORIS
- WEAVER, ROBERT



2019 Special thanks to:

**Christopher Vantull**- writing the resident spotlights each month/resident picture work  
**Gale Cooke**- composing the newsletter

**Inspire Executives**

**Director of Nursing**  
Ben Akanni

**Social Workers**  
Stacey Stark  
Lois Fitzgerald  
Kimberly Cunningham

**Rehab Director**  
Harsha Dhingra

**Business Office**  
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Nikki Smith

**Admissions**  
Ashley Hyman  
Kendra Cooper

**Human Resources**  
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Jennifer Kellman

**Quality Assurance**  
Linda Harris

**Dietary Services**  
Dorothy Emeche  
Helen Akunwafor  
Shraddha Bhatt

**Director of Activities**  
Gale Cooke

**Director of Environmental Services**  
Valencia Nelson  
**Director of Maintenance**  
Yisroel Waxman

# Resident Spotlight...

## Ms. Joyce Bush: Full of Compassion and Love



**As the leaves changes and the season becomes a new, this month we will be giving recognition to Ms. Joyce Bush. Ms. Bush, another resident hailing from the southeast region of the district, attended Kelly Miller Middle School and then Spingarn High school. As she recalled, in her earlier days, she enjoyed playing flag football and doing theatre. Because of her love for it, Ms. Bush worked in the food service industry for 10 years. She expressed that the experience of being in that particular field was on to cherish for a life time. To date, Ms. Bush has been residing at the facility for seven months and has largely impacted the resident population in a very positive way. She enjoys listening to music during activities programming time and voiced that being surrounded by the other residents lightens up her day. Her compassionate characteristic is highly demonstrated amongst her peers and this makes her much loved by both staff and the other residents. Ms. Bush is strongly supported by her husband and family by way of constant visits and phone calls. When asked about the future, Ms. Bush plans to continue her rehabilitation process here at Inspire in order to in the end, go home feeling strong.**

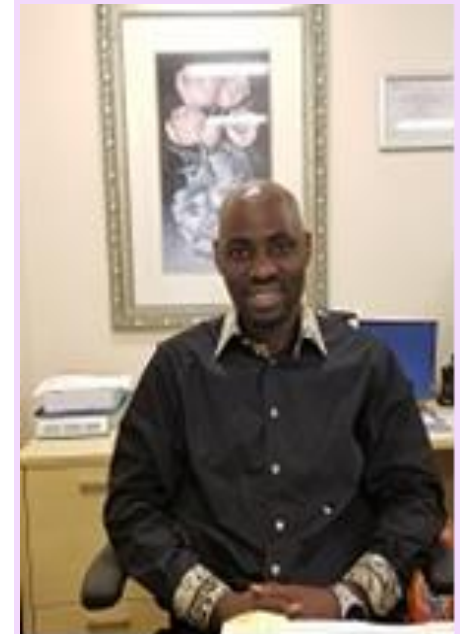
## A Message from the Administrator

As I reflect over the past year, I am excited about what is happening at Inspire Rehab, it is simply is magical. A few days ago, U.S News & World Report announced and rated Inspire Rehabilitation & Health Center as one of the Best Nursing Homes/ Regional High Performers for the year 2019-2020. This is great news and evidence that our employees qualify for a prime real estate in heaven. We continue to maintain a solid 5 star rating according to the Center for Medicare & Medicaid (CMS). Inspire Rehab continues to Inspire a reputation of providing high standard quality of care.

We know that you have choices when it comes to selecting a Rehab Center, thank you for giving us the opportunity to care for you. While reaching the mountain top could sometimes visibly seemed impossible, your perseverance in sticking with us has made the impossible become possible. We are thankful for this "Merry Season". Together, let's be in hope for another memorable page of the future which is present with us today. Let the future share it's essence with us today, in the merry of season let us share the gifts of smiles as we are thankful that you are a part of our family.

Let us cherish our dreams while in the pursuit of happiness, kindness and love. As we conclude the year, strive for your heart to hold your treasures, let the treasures move your goals and let those goals stir up the desires of the heart to love more. Let your patience seek humility, let that humble heart embraces the passion of care which we provide at Inspire Rehab.

Happy Christmas and Holidays!



### Notable Quotes

**"We make a living by what we get; we make a life by what we give"**

Winston Churchill