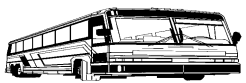



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Codes: MD-Main Dining RL-Residents Lounge OC-Outside Courtyard AF-All Floors	10:30 Family Visits(RL,OC) 1 2:30 Family Visits(RL,OC)	10:30 Coffee Social(MD) 2 2:30 Women's & Men's Group(MD)	10:30 Family Visits(RL,OC) 3 2:30 Family Visits(RL,OC)	10:30 Family Visits(RL,OC) 4 2:30 Family Visits(RL,OC)	10:30 Sing Along(MD) 5 2:30 Music Appreciation(MD)	11am 1-1 Visits/Virtual Calls(AF) 6 1pm 1-1 Visits/Virtual Calls(AF)
11am 1-1 Visits/Virtual Calls(AF) 7 1pm 1-1 Visits/Virtual Calls(AF) <small>Daylight Saving Time Ends</small>	10:30 Family Visits(RL,OC) 8 2:30 Family Visits(RL,OC)	10:30 Trivia Pursuit(MD) 9 2:30 Movie & Snack(MD)	10:30 Family Visits(RL,OC) 10 2:30 Family Visits(RL,OC)	10:30 Family Visits(RL,OC) 11 2:30 Family Visits(RL,OC) <small>Veterans Day Remembrance Day (Canada)</small>	10:30 Exercise Group(MD) 12 2:30 Happy Hour w/Bill Davis(MD) 	11am 1-1 Visits/Virtual Calls(AF) 13 1pm 1-1 Visits/Virtual Calls(AF)
11am 1-1 Visits/Virtual Calls(AF) 14 1pm 1-1 Visits/Virtual Calls(AF)	10:30 Family Visits(RL,OC) 15 2:30 Family Visits(RL,OC)	10:30 Bus Trip 16 Outing  2:30 1-1 Visits(AF)	10:30 Family Visits(RL,OC) 17 2:30 Family Visits(RL,OC)	10:30 1-1 Visits/Virtual Calls(AF) 18 2:30 Resident Council Meeting(MD)	10:30 Trivia Pursuit(MD) 19 2:30 Happy Hour(MD)	11am 1-1 Visits/Virtual Calls(AF) 20 1pm Room Visits/Virtual Calls(AF)
11am 1-1 Visits/Virtual Calls(AF) 21 3pm Catholic Mass-(MD)	10:30 Family Visits(RL) 22 2:30 Family Visits(RL)	8:00 Country Breakfast(MD) 23  2:30 Movie & Snack(MD)	10:30 Family Visits(RL,OC) 24 2:30 Family Visits(RL,OC)	12:00 noon Thanksgiving Luncheon-MD 25 <small>Thanksgiving Day</small>	10:30 Coffee Social/Music(MD) 26 2:30 Happy Hour(MD)	11am 1-1 Visits/Virtual Calls(AF) 27 1pm 1-1 Visits/Virtual Calls(AF)
11am 1-1 Visits/Virtual Calls(AF) 28 1pm 1-1 Visits/Virtual Calls(AF) <small>Hanukkah Begins</small>	10:30 Family Visits(RL) 29 2:30 Family Visits(RL)	10:30 Music Appreciation(MD) 30 2:30 Movie & Snack(MD)	<h1>November 2021</h1> <p>INSPIRE HEALTH & REHAB 2131 O ST. NW, WDC 20037</p>			

ALL ACTIVITIES ARE SUBJECT TO CHANGE!