

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>January 2020 INSPIRE HEALTH & REHABILITATION CENTER 2131 OST NW WDC, 20037</p>			11am Holiday Bingo(MD) 1pm Room Visits 3pm Family & Friends Visits(AF)	10:30 Coffee Social(MD) 11am Sing Along(MD) 2:30 Movie & Popcorn(MD) Room Visits(4) 6pm Pet Therapy(AF)	10:30 Coffee Social(MD) 11am Karaoke Time(MD) 2:30 Happy Hour(MD)	11am Bingo(MD) 1pm Room Visits 3pm Family & Friends Visits(AF)
11am Communion w/ Minister Coles(MD) 1pm Room Visits(AF) 3pm Family & Friends Visits(AF)	10:30 Coffee Social(MD) 11am Trivial Pursuit(MD) 2:30 Name that tune(MD) Room Visits(3)	10:30 Coffee Social(MD) 11am Discussion Group(MD) 2:30 Movie & Popcorn(MD) Room Visits(2)	10:30 Coffee Social(MD) 11am Sing Along(MD) 2:30 Men's & Women's group(MD)	10:30 Coffee Social(MD) 11am Move that Body(MD) Room Visits(4) 2:30 Family Feud(MD) 6pm Pet Therapy(AF)	10:30 Coffee Social(MD) 11am Karaoke Time(MD) 2:30 Happy Hour w/Bill Davis(MD)	11am Movie Matinee(MD) 1pm Room Visits(AF) 3pm Family & Friends Visits(AF)
11am Worship Services w/Temple of Praise(MD) 1pm Room Visits 3pm Catholic Mass(RL) Family & Friends Visits(AF)	10:30 Coffee Social(MD) 11am New Born Church(MD) 2:30 Fun & Games(MD) Room Visits(3)	10:30 Coffee Social(MD) 11am Discussion Group(MD) 2:30 Movie & Popcorn(MD) Room Visits(2)	10:30 Coffee Social(MD) 11am Sing Along(MD) 2:30 Men's & Women's Group(MD)	10:30 Coffee Social(MD) 11am Trivia Pursuit 2:30 Name that Tune(MD) Room Visits(4) 6pm Pet Therapy(AF)	10:30 Coffee Social(MD) 11am Karaoke Time(MD) 2:30 Happy Hour(MD)	11am Bingo(MD) 1pm Movie Matinee(MD) 3pm Family & Friends Visits(AF)
11am Worship Services w/Save A Life Ministries(MD) 1pm Room Visits(AF) 3pm Family & Friends Visits(AF) <small>Activity Professionals Week</small>	10:30 Coffee Social(MD) 11am Trivial Pursuit(MD) 2:30 Fun & Games(MD) <small>Martin Luther King Day</small>	10:30 Coffee Social(MD) 11am Discussion Group(MD) 2:30 Movie & Popcorn(MD) Room Visits(2)	10:30 Coffee Social(MD) 11am Sing Along(MD) 2:30 Men's & Women's Group(MD)	10:30 Coffee Social(MD) 11am Move Your Body(MD) 2:30 Music Appreciation w/Brian Rudolph(MD) 6pm Pet Therapy(AF)	10:30 Coffee Social(MD) 11am Karaoke Time(MD) 2:30 Happy Hour(MD)	11am New Born Church Bible Study(MD) 1pm Room Visits(AF) 3pm Family & Friends Visits(AF) <small>Chinese New Year</small>
11am Worship Services w/Temple of Praise(MD) 1pm Room Visits(AF) 3pm Family & Friends Visits(AF)	10:30 Coffee Social(MD) 11am Trivial Pursuit(MD) 2:30 Fun & Games(MD) <small>Australia Day (observed)</small>	10:30 Coffee Social(MD) 11am Discussion Group(MD) 2:30 Movie & Popcorn(MD) Room Visits(2)	10:30 Coffee Social(MD) 11am Sing Along(MD) 2:30 Men's & Women's Group(MD)	10:30 Coffee Social(MD) 11am Discussion Group(MD) 2:30 Resident Council Meeting(MD) 6pm Pet Therapy(AF)	10:30 Coffee Social(MD) 11am Karaoke Time(MD) 2:30 Happy Hour w/ Bill Davis(MD)	

ALL ACTIVITIES ARE SUBJECT TO CHANGE!